

Handwriting Booster Holiday Programme – July 2025

Do you struggle to read your child's writing? Has their teacher voiced concerns? Do they need some support with letter formation? Do they find their hand gets sore or tired? Do you feel that your child may have missed important building blocks that have resulted in a loss of confidence in writing.

To support your child, we are offering a 3 day booster programme during the July school holidays for children aged between 6 to 11 years. The group will be run by one or two Occupational Therapists, depending on the number of children enrolled.

Over the 3 days we will:

1. Get a baseline of your child's handwriting.
2. Identify the things that are going well and the barriers to being able to write legibly and within the expected time frame.
3. We will then breakdown the process of writing and provide strategies matched to your child's needs within the group setting.

Expected outcomes:

1. Boost your child's confidence in writing.
2. Ensure that they have a framework that reinforces the correct letter formation.
3. Develop their pencil control by looking at their postural control and the way that they write.
4. Identify strategies to support your child to be able to process information so that they can focus on key components of writing, for example, alignment of letters, spacing, slowing down etc.

A summary of findings and recommendations will be provided.

Where: Paediatric OT & PT, Level 2, 300 Great South Road, Greenlane.

When: Week 1, July school holidays

Times:

Group 1: 6 to 9 year olds
Tuesday, 1 July, 9am to 11am (2 hours)
Thursday, 3 July 9am to 10.30am (90 minutes)
Friday, 4 July 9am to 10.30am (90 minutes)

Group 2: 10 to 14 year olds
Tuesday, 1 July, 12.30pm to 2pm (2 hours)
Thursday, 3 July 11.30am to 1pm (90 minutes)
Friday, 4 July 11.30am to 1pm (90 minutes)

Cost: \$360 for the 3 days

If you are interested in your child participating in the July holiday handwriting programme, please email admin@paediatricot.co.nz

Enrollment closes 13 June 2025. Places are limited.