

My Favourite Words Life Wheel: A Free 90min On-line Seminar



Whether you are new to the F-Words Life Wheel or have attended previous workshops, join us for an update on the latest developments.

**Occupational Therapists
Arul Hamill
and Lucy Charles**

What we'll explore::

- Global Growth-Discover how the F-Words is being used worldwide – including new modules
- Cultural Connection: Explore the unique considerations for using the F-Words in Aotearoa New Zealand and the Pacific.
- Fresh Visuals: Newly designed poster that reflects the essence of life in NZ for children,
- At the Heart: Dive into the updated Core of the Wheel – focused on values, mana enhancement, cultural identity, belonging, and giving tamariki a stronger voice.
- Share your reflections, insights, or innovative ways you've used the F-Words Life Wheel and coaching.

Event Details

 7 August 2025

 NZ: 7 - 8.30pm

FREE ENTRY!

**Limited slots
available**

**Reserve Your
Spot Now**

**Email:
admin@paediatricot.co.nz**