

# Lego-based therapy group

**Where:** Paediatric OT and Physio, the Parenting Place, 300 Great South Road, Green Lane.

**When:** Please contact Paediatric OT & Physio for up-to-date details.

**What:** Lego-based therapy is an evidence based social-development program, which involves participants taking on roles specific to building a LEGO set. The group will work together to achieve the build. Social skills are coached and practiced while the group together builds the set.

The children will have the opportunity to learn about turn taking, listening to and following instructions, giving instructions, collaborating and being flexible in their thinking, being able to self-regulate, developing their hand skills and most of all making friends and having fun.

**Group size:** 3 to 4 children in a group of carefully matched children.

**Cost:** Please contact Paediatric OT & Physio for up-to-date details.

**Contact:** [admin@paediatricot.co.nz](mailto:admin@paediatricot.co.nz) or [jodi@paediatricot.co.nz](mailto:jodi@paediatricot.co.nz)

